

# Money Twist P5/P6





## Content

A highly interactive financial education programme, designed to help set positive money habits and mind-sets from an early age.

Expert-led sessions are complemented by an assembly, teacher resources and family challenges.

MyBnk's unique and engaging activities teach young people to become informed consumers, savvy savers, and mindful spenders by making finance fun.

## Sessions cover:

-  **Assembly:** Introduction to different money mind-sets related to the consequences of everyday spending and saving.
-  **My Money:** Awareness of money habits, delayed gratification and looking at strategies to resist temptation when spending.
-  **My Choices:** Prioritising needs and wants, the cost of living and exploring how to manage your money through budgeting.
-  **My Future:** The benefits of saving, understanding interest as both a reward for saving and a charge for borrowing. Looking at different financial risks and setting a future finance goal.

Money Twist involves writing, presenting, drawing, maths and problem-solving. We use interactive resources and videos, engaging students to remember new knowledge and form their own money opinions. Underpinning behaviour change is the development of executive functions. Money Twist references the UK's Financial Education Planning Framework for teachers.



## Key Facts

**Format:** 3 x 75 minute workshops delivered over 6 weeks – 1 x Assembly – Teacher Resource Pack – Family Activity Pack.

**Target group:** P5/P6 pupils.

**Group size:** 12-30 young people.

**Funder:** Partially funded by KickStart Money via The Centre for Financial Capability.



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Cancellations and changes made to scheduled deliveries incur costs to MyBnk. Any changes made less than two weeks in advance will result in a £100 or, if less than three working days, £250 charge per trainer. Full Terms & Conditions [here](#).

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**70%**  
Pupils pursuing a savings goal after Money Twist

Substance 2018

*"It has made me think more about how I'm using my money and spending it. In the first session we talked about putting money away for things, so I think I'm going to do that."* **Eden, 10.**

*"I still can't believe companies can charge APR over 4000%."* **Jacob, 10.**